

## **Critical Thinking for Leadership Success**

Critical thinking is vital to *any* kind of success, including your career and beyond. Simply put, critical thinking is a questioning approach to form a judgment or conclusion. It encourages reflective and independent thinking to guide us through the hundreds of decisions that we make throughout a week. Having these skills provides you with the best chance of making an informed decision. Everything and anything can be a subject to question with critical thinking.

As problems are bound to come up in any organization, it's important to know how to address these challenges with good reasoning and logic. Utilizing your critical thinking skills will lead you toward being a more rational and disciplined thinker. This workshop will provide you with the skills to approach problems critically, as well as the ability to recognize the power of open-mindedness and altering your perspective, in order to make the best choices.

### **Learning Objectives**

- Understand the definition and benefits of thinking critically
- Learn ways to apply critical thinking with empathy in the workplace
- Be able to implement visual mapping tools to resolve complex problems